#### RESOLUTION 2002-50

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### AUTHORIZING A REVISION OF THE GREATER CLEVELAND REGIONAL TRANSIT AUTHORITY'S SUBSTANCE ABUSE POLICY COVERING SAFETY-SENSITIVE POSITIONS

WHEREAS, the Greater Cleveland Regional Transit Authority is required by the Department of Transportation and the Federal Transit Administration to maintain a substance abuse program as a condition to receiving federal financial assistance;

WHEREAS, the Greater Cleveland Regional Transit Authority has a deep concern for the well-being of its employees and the safety of its patrons and public at large;

WHEREAS, the Greater Cleveland Regional Transit Authority has a governmental interest in ensuring the well-being of its employees, the safety of its patrons and traveling public is thereby justified in prohibiting employees from using drugs and alcohol on duty or while subject to being called for duty or having it in their system while on duty;

WHEREAS, having a clearly-defined substance abuse policy will assist the Board of Trustees and management in establishing a drug-free workplace which in turn would reduce accidents and casualties in the performance of its operation.

WHEREAS, the Greater Cleveland Regional Transit Authority has a need to revise the Substance Abuse Policy as a result of recent federal regulatory changes.

NOW, THEREFORE, BE IT RESOLVED by the Board of Trustees of the Greater Cleveland Regional Transit Authority, Cuyahoga County, Ohio:

<u>Section 1.</u> That the revised Substance Abuse Policy shown in Attachment A hereto is hereby adopted as official policy of the Authority.

Section 2. That this Resolution shall become effective immediately upon its adoption.

Attachment A: Substance Abuse Policy for Safety Sensitive Employees

Adopted:	March 19	, 2002
		President
Attest:	ÇEO/General Manager/Secretary-Treasurer	

# GREATER CLEVELAND REGIONAL TRANSIT AUTHORITY SUBSTANCE ABUSE POLICY FOR SAFETY SENSITIVE EMPLOYEES

### 1.0 PURPOSE/SCOPE:

It is the policy of the Greater Cleveland Regional Transit Authority (GCRTA) to provide the safest possible transportation for the riding public and work environment for its employees. This policy establishes guidelines and procedures for the administration of the Authority's Drug and Alcohol Testing Program in accordance with the Department of Transportation (DOT) and the Federal Transit Administration (FTA) requirements. Based on these requirements, the Authority requires all safety sensitive employees to submit to testing for the presence of drugs and/or alcohol. All employees must be free of drugs and/or alcohol when performing a safety sensitive function.

### 2.0 REFERENCE(S):

This policy is written in conjunction with rules and regulations as defined by:

- 2.1 49 CFR Part 40, Procedures for Transportation Workplace Drug and Alcohol Testing Programs; Final Rule, Federal Register (pp. 79462 –79579); December 19, 2000.
- 2.2 49 CFR Part 655; Prevention of Alcohol Misuse and Prohibited Drug Use in Transit Operations, Final Rule, Federal Register (pp. 41996 42036), August 9, 2001
- 2.3 49 CFR Part 29, Drug-Free Workplace Act of 1998
- 2.4 FTA Drug and Alcohol Regulation Updates
- 2.5 GCRTA Employee Performance Code
- 2.6 Federally mandated laboratory testing limits (Addendum D)

### 3.0 OBJECTIVES

- 3.1 To recognize, address and minimize the devastating effect pervasive drug use and alcohol misuse has on employees.
- 3.2 To encourage employees to participate in the Employee Assistance Program (EAP) and to assist employees who are plagued by problems associated with drugs or alcohol (See Addendum F of this Policy). Voluntary employee participation is confidential and will not adversely affect an employee's employment with the Authority.
- 3.3 To clearly and concisely outline the procedures required to comply with the federal regulations.

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### 4.0 DEFINITIONS

- 4.1 "Accident" means an occurrence associated with the operation of a vehicle, if as a result:
  - 4.1.1. An individual dies; or
  - 4.1.2. One or more individuals suffers bodily injury and immediately receives medical treatment away from the scene of the accident; or
  - 4.1.3. An occurrence in which the mass transit vehicle involved is a bus, electric bus, van or automobile, one or more vehicles (including non-FTA funded vehicles) incurs disabling damage as the result of the occurrence and such vehicle or vehicles are transported away from the scene by a tow truck or other vehicle; or
  - 4.1.4. An occurrence in which the mass transit vehicle involved is a rail car and is removed from service.
- 4.2 "Adulterated Specimen" means a specimen that contains a substance that is not expected to be present in human urine, or contains a substance expected to be present but is at a concentration so high that it is not consistent with human urine.
- 4.3 A "cancelled test" is a drug or alcohol test that has an identified problem that cannot be or has not been corrected. A cancelled test is neither positive or negative.
- 4.4 "Contractor" means a person or organization that provides a safety-sensitive service for a recipient, sub-recipient, employer, or operator consistent with a specific understanding or arrangement. The understanding can be a written contract or an informal arrangement that reflects an ongoing relationship between the parties.
- 4.5 A "Covered Employee" means a person, including an applicant or transferee, who performs a safety-sensitive function. A volunteer is considered a covered employee if required to hole a commercial driver's license to operate a vehicle or to perform a safety-sensitive function with the expectation of receiving some type of in-kind or tangible benefit.
- 4.6 A "dilute specimen" has creatinine and specific gravity values that are lower than expected for human urine.
- 4.7 "Disabling damage" is defined as "damage, which precludes the departure of any vehicle from the scene of an accident in its usual manner in daylight after simple repair". This includes damage to vehicles that could be driven but would sustain further damage if driven. This does not include damage readily fixed on the scene, such as tire disablement, headlight/tail light damage or damage to the turn signals, windshield wipers or horn.
- 4.8 An "Evidential Breath Testing (EBT) device" is defined as a breath testing device that is capable of measuring a 0.02 alcohol concentration level and can distinguish alcohol from acetone. An EBT must be capable of conducting an air blank and performing an external calibration check.
- 4.9 The term "intoxicant" includes, but is not limited to ethanol (alcohol), amphetamines, barbiturates and other hypnotics, cocaine, narcotics (opiates such as heroin, morphine, codeine, methadone), PCP and other hallucinogens, marijuana and any other cannabinoid (e.g.: hashish). The term "intoxicant" also includes any other substance that alters one's senses or could affect one's ability to function in his/her job.

- 4.10 An "invalid drug test" refers to the result of a drug test from a urine specimen that contains an unidentified adulterant or an unidentified interfering substance; has abnormal physical characteristics, or has an endogenous substance at an abnormal concentration that prevents the laboratory fror completing or obtaining a valid drug test result.
- 4.11 "Medical Review Officer" (MRO) is a licensed physician responsible for receiving laboratory results generated by an employer's drug testing laboratory who has knowledge of substance abuse disorders and has appropriate medical training to interpret and evaluate an individual's confirmed positive tests result together with his or her medical history and any other relevant biomedical information. (See Addendum A)
- 4.12 A "safety sensitive employee" is one who is required to perform safety sensitive functions based on specific job criteria:
  - 4.12.1 Operates a revenue service vehicle (in or out of service)
  - 4.12.2 Operates a non-revenue service vehicle requiring a Commercial Drivers License
  - 4.12.3 Controls dispatch or movement of a revenue service vehicle
  - 4.12.4 Maintains a revenue service vehicle or maintains equipment used in revenue service
  - 4.12.5 Carries a firearm for security purposes
- 4.13 The" Substance Abuse Professional (SAP)" is a licensed physician, a licensed or certified psychologist and a licensed or certified employee assistance professional, or certified alcohol and drug abuse counselor that has knowledge of and clinical experience in the diagnosis and treatment of substance abuse-related disorders. The role of the SAP is to evaluate if an employee with a verified positive test or who has refused a test is in need of assistance in resolving problems associated with prohibited drug use or alcohol misuse. The SAP also evaluates if an employee has complied with treatment recommendations, recommends when the employee is ready for return to duty testing and for follow up testing. The SAP then recommends the required number of follow up drug/alcohol tests after the employee returns to duty. (See Addendum A)
- 4.14 A "substituted specimen" has a creatinine and specific gravity value that is so diminished that it is not consistent with human urine.
- 4.15 A "verified test" is a drug test result or a validity testing result from a Department of Health and Human Services (HHS) certified laboratory that has undergone review and final determination by the MRO.

### 5.0 POLICY APPLICATION:

- 5.1 This policy applies to all employees who are incumbents in safety sensitive positions, and to all applicants or employees who may apply for or who may transfer to a safety sensitive position.
- 5.2 The Human Resources Department maintains a list of safety sensitive classifications. This list is updated as required when classifications are added or eliminated. (See Addendum B for a list of safety sensitive classifications)
- 6.0 <u>CIRCUMSTANCES WHICH WARRANT TESTING:</u>

According to the FTA regulations, all safety sensitive employees are required as a condition of employment to submit to drug testing (urine specimen required) and alcohol testing (breath testing required).

- 6.1 FTA requires drug and alcohol testing to be performed under the following circumstances:
  - 6.1.1 Employment drug testing or prior to the transfer of any employee from a non-safety sensitive position to a safety sensitive position;
  - 6.1.2 At any time when there is a "reasonable suspicion" of employee drug/alcohol use;
  - 6.1.3 At any time an employee is involved in a fatal or non-fatal accident under FTA criteria; as described in Section 8.4 of this Policy
  - 6.1.4 When an employee is selected for random testing;
  - 6.1.5 At the time of return-to-duty from rehabilitation;
  - 6.1.6 When an employee requires follow-up SAP testing.
- 6.2 GCRTA will require testing under the following circumstances:
  - 6.2.1 Alcohol testing at the time of the employment physical examination;
  - 6.2.2 Drug and alcohol testing as a condition of discipline due to previous offense under this Policy;
  - 6.2.3 Drug and alcohol testing when an employee is involved in a non-fatal accident not covered under FTA guidelines but meets GCRTA criteria as described in Section 8.4 of this policy.
  - 6.2.4 Drug and alcohol testing at the time of, or during a work-related physical examination such as a biennial physical.
- 6.3 <u>Pre-duty use of alcohol</u>: All covered employees are prohibited from using alcohol within 4 hours prior to performing safety-sensitive functions. No supervisor having actual knowledge that a covered employee has used alcohol within 4 hours of performing a safety-sensitive function shall permit the employee to perform or continue to perform safety-sensitive functions. Documentation for reasonable suspicion for alcohol misuse should be completed and testing performed based on the information obtained.
  - 6.3.1 An unscheduled employee who is called to report to duty may acknowledge the use of alcohol and the inability to perform safety-sensitive functions without disciplinary repercussion.
  - 6.3.2 If the unscheduled employee acknowledges the use of alcohol, but claims ability to perform a safety-sensitive function, an alcohol test must be performed before beginning work.
- 6.4 <u>On-call employees</u>: The consumption of alcohol is prohibited for covered employees during his or her specified on call hours.
- 6.5 On duty use of alcohol: All covered employees are prohibited from using alcohol while performing safety-sensitive functions. No supervisor with actual knowledge that a covered employee is using alcohol will permit the employee to perform or continue to perform safety-sensitive functions.
  - 6.5.1 Covered employees with an alcohol concentration of 0.04 or greater are prohibited from reporting for duty to perform a safety sensitive function or remaining on duty while performing a safety–sensitive function.

6.6 The consumption of marijuana, cocaine, amphetamines, opiates and phencyclidine is prohibited at all times and employees may be tested for these substances any time during the performance of their duty.

### 7.0 SPECIFIC TESTING REQUIREMENTS;

- 7.1 Federal drug and alcohol testing must be conducted completely separate from non-federal testing. Further, federal testing will take priority over the non-federal collection process.
- 7.2 No other tests collected under DOT guidelines will be performed on urine or breath specimens except those specified by regulation.
- 7.3 GCRTA will perform specific drug and alcohol testing that is based on non-related DOT criteria.
- 7.4 A verified positive DOT drug test result cannot be negated by an employee presenting negative results collected under other circumstances.
- 7.5 DOT chain of custody forms and DOT alcohol test forms will not be used when GCRTA testing is requested.
- 7.6 Each employee tested under Federal or GCRTA requirements will be notified of the purpose for the testing and under whose requirement.

### 8.0 TYPES OF TESTING REQUIRED:

- 8.1 Employment or Pre-Placement Testing: The purpose of employment and pre-placement testing is to identify applicants or employees who may seek to apply and/or transfer from a non-safety sensitive position to a safety sensitive position who have current drug/alcohol problems. As part of the employment process, Human Resources will follow the investigative process as outlined 49 CFR part 40 and will direct applicants/transferring employees to have drug and alcohol testing after a contingent offer of employment or transfer. A covered employee, including an applicant, may not perform a safety sensitive function until employment drug and alcohol tests are administered with verified negative results.
  - 8.1.1 Human Resources will investigate drug and alcohol testing records of all applicants for safety sensitive positions and employees intending to transfer to safety sensitive positions from an applicant's previous DOT employers over the past two years per departmental procedures in accordance with 49 CFR Part 40.25.
  - 8.1.2 Alcohol testing will be performed on all applicants applying for a safety sensitive positions as well as employees transferring to a safety sensitive position.
    8.1.2.1 Pre-employment alcohol testing will be performed under the testing
    - 8.1.2.1 Pre-employment alcohol testing will be performed under the testing procedures as outlined 49 CFR Part 40.
    - 8.1.2.2 The applicant or transferring employee may not begin performing safety sensitive functions unless the alcohol concentration is less than 0.02.
  - 8.1.3 When a covered employee or applicant has previously failed employment drug or alcohol testing, the employee must present to the employer proof of successfully having completed a referral, evaluation and treatment plan under a substance abuse professional.

- 8.1.4 An employee may not transfer to a safety sensitive position from a non-safety sensitive position until employment drug and alcohol tests are administered with verified negative results.
- 8.1.5 In the event drug and/or alcohol tests are considered a "cancelled test" or results are "invalid", the covered employee or applicant must retake the drug/alcohol test with verified negative results before starting a safety sensitive position.
- 8.1.6 Applicants who have not been placed in a safety sensitive position within 90 consecutive calendar days of their initial testing will be required to re-take the drug and alcohol testing and have verified negative results before staring a safety sensitive position.
- 8.1.7 Employment testing will also be performed whenever a covered employee has not performed a safety-sensitive function for 90 consecutive calendar days regardless of the reason. The employee may resume safety-sensitive duties after a verified negative drug and alcohol result.
- 8.2 Random Testing: The purpose of random testing is serve as a strong deterrent to prevent employees from beginning or continuing drug use or alcohol misuse and to assist in protecting the safety of the public, co-workers and the employee.
  - 8.2.1 All safety sensitive employees are required to participate in random testing for drugs and alcohol. The GCRTA will test safety sensitive employees in accordance with FTA regulated percentages. (See Addendum C of this Policy)
  - 8.2.2 Random testing is required by FTA to be conducted during all time periods when safety-sensitive functions are performed and shall be unannounced and unpredictable. Since GCRTA operates 24 hours a day, seven (7) days a week, 365 days a year, random testing will be conducted around the clock, on weekends and holidays.
  - 8.2.3 A covered employee shall only be randomly tested for alcohol misuse while the employee is performing safety sensitive functions; just before the employee is to perform safety-sensitive functions; or just after the employee has ceased performing such functions. An employee may be randomly tested for prohibited drug use anytime while on duty.
  - 8.2.4 GCRTA utilizes a random selection process that is performed in two steps. Step one is performed by GCRTA's contracted medical provider who selects the random numbers through a computer-based random number generator program. Step two is performed by GCRTA's Medical Services who enters the selected numbers into a computer-based random selection program. To assure that the random program is protected from unofficial entry, the computer program has limited access to key personnel at each district and only department specific information is available to those persons. To maintain confidentiality and assure the integrity of the random program, access to all other computer information and data is limited to Medical Services personnel only.
  - 8.2.5 As required by regulation the random notification and testing process occurs throughout the workday and throughout the selection period. GCRTA's random number selection is made once a week and entered into the computer every Friday.

Generally, seven to nine numbers are selected for each day for random testing. Authorized personnel may access the Random Testing Program daily to ascertain the employee(s) from their area that have been selected for random testing for the day.

- 8.2.6 If the employee is available for testing, the safety sensitive employee will be informed that s/he has been selected for random testing with minimal notice at some time during their working shift. The employee will be informed of what type of testing is to be performed, will immediately cease performing the safety-sensitive function and will be immediately transported for testing. It is the policy of GCRTA to transport the employee to the collection site. Once testing is completed, the employee may be required to utilize public transportation to return to their assigned district. The employee will follow the procedures established by his or her district whenever this method of return to work is required. Instances of employees exceeding the established procedures will be investigated and disciplinary action may be taken.
- 8.2.7 When an employee is not available on the day of selection, the employee should be tested during their next available shift as long as the test can be performed within the selection week (i.e.: Saturday through Friday).
- 8.2.8 Every effort will be made to test the individual that has been selected within the selection week. Logistical difficulties, operational requirements, or complicating personnel issues that make the testing process more difficult are not acceptable reasons to prevent testing. In the event an employee is selected who is on long-term absence or is on vacation during the selection week, Medical Services will be notified and a replacement number may be selected.
- 8.3 Reasonable Suspicion Testing: The purpose of reasonable suspicion testing is to provide a method to identify drug or alcohol affected employees who may pose a danger to themselves and others in their performance of safety sensitive functions.
  - 8.3.1 Reasonable suspicion testing will be performed when a supervisor(s), or other company official(s) who has been trained in detecting the signs and symptoms of drug use or alcohol misuse believe that the covered employee has used a prohibited drug and/or engaged in alcohol misuse.
  - 8.3.2 The determination that reasonable suspicion exists shall be based on specific, contemporaneous, articulable observations concerning the appearance, behavior, speech, or body odors of the covered employee.
  - 8.3.3 The covered employee will be informed of the reason for testing and transported for testing immediately after the supervisor completes valid documentation.
  - 8.3.4 Alcohol testing must be based on observations and documented as noted in 8.3.2 and shall be performed only while the covered employee is performing safety sensitive functions, just before the employee is to perform safety sensitive functions or just after the employee has ceased performing such functions.
  - 8.3.5 If alcohol testing is not performed within 2 hours following determination to test, a written statement will be made on the reasonable suspicion document why the testing could not be performed. This documentation will be maintained in Medical Services.

- 8.4 <u>Post Accident Testing</u>: The FTA regulations require drug and alcohol testing in the case of certain mass transit accidents. Post accident testing is mandatory where there is a loss of life and for other non-fatal accidents. In the event of a non-fatal accident, according to the FTA, the burden rests with the Authority to prove that an employee did not contribute to the accident. In determining whether testing will occur, FTA testing requirements have priority over GCRTA testing requirements.
  - 8.4.1 In the event of a fatality, all surviving covered employees operating or on duty in the mass transit vehicle at the time of the incident and all other covered employees whose performance may have contributed to the accident will be subject to FTA drug and alcohol testing, as determined by the employer using the best information available at the time of the decision.
  - 8.4.2 In the event of a non-fatal accident, FTA testing is required when one or more individuals require immediate transport to a medical facility; or when a bus or CRT vehicle is involved; or when a rail car is removed from service; or any vehicle involved receives disabling damage. All covered employees operating or on duty in the mass transit vehicle will be subject to FTA drug and alcohol testing unless their performance can be completely discounted as a contributing factor based on the best information available at the time of the decision, as well as all other covered employees whose performance may have contributed to the accident.
  - 8.4.3 The decision to not administer a drug and/or alcohol test under FTA guidelines shall be based on the investigating person's determination, using the best available information at the time of the determination, that the employee's performance could not have contributed to the accident. Such a decision must be documented in detail, including the decision-making process used to reach the decision not to test.
  - 8.4.4 The FTA specifically requires that post accident testing be administered as soon as practicable following the accident. Every attempt should be made to complete alcohol testing within two (2) hours of the accident. When it is not possible to perform testing within the two (2) hour limit, the supervisor is required to document the reasons. Every effort should be made to continue to attempt to perform testing. When it is not possible to obtain a specimen within eight (8) hours, the supervisor will cease attempting and update the two (2) hour report. Alcohol use is prohibited by any covered employee required to take a post accident alcohol test for 8 hours or until alcohol testing is performed, whichever occurs first after the occurrence.
  - 8.4.5 The **drug testing** time limit is a maximum of 32 hours post accident. The supervisor will provide written documentation whenever testing cannot be performed within the specified time limit. Testing time limits for drug and alcohol collection apply to FTA and to GCRTA post accident testing.
  - 8.4.6 A covered employee who is subject to post accident testing shall remain readily available for testing. If he or she leaves the scene of the accident without notifying the investigator in charge or is not readily available for testing, it will be considered that the employee has refused to submit to testing.
  - 8.4.7 The requirements to perform drug and alcohol testing should in no way require the delay of necessary medical attention or interfere with a law enforcement investigation.

- 8.4.8 The Authority may use the post accident results of a law enforcement agency when the test is unable to be completed within the required time frame and the tests are performed to the applicable standards of the entity authorized to administer the drug or alcohol test.
- 8.4.9 If FTA required post accident testing criteria is not applicable, GCRTA will perform non-DOT post accident drug and alcohol testing when there has been property damage that requires repair or personal injury that is evident at the time of the occurrence.
- 8.4.10 FTA mandated testing takes precedence over GCRTA required testing. The criteria to perform FTA post accident testing will be satisfied before consideration is given to utilize GCRTA criteria. When post accident testing is required based on GCRTA criteria, the collection site will use only Non-Federal custody and control forms.
- 8.5 Return to Duty Testing: The purpose of return to duty testing is to provide a degree of assurance that a safety sensitive employee is currently drug and alcohol free and is able to return to work without undue concern of continued drug abuse or alcohol misuse.
  - 8.5.1 According to FTA regulations, whenever any of the following has occurred, the employee must first be evaluated by the Substance Abuse Professional (SAP) and pass a return to duty drug and/or alcohol test before returning to employment in a safety sensitive classification meeting the following criteria:
    - Has had verified positive drug test result
    - Has had a breath alcohol content (BAC) of 0.04 or greater, or
    - Has been involved in any other activity that violates the regulations including refusal to submit to testing.
  - 8.5.2 Return to duty testing cannot occur until after the SAP has determined that the employee has successfully complied with prescribed education and/or treatment. The employee must have a negative drug test result and/or an alcohol test with an alcohol concentration of less than 0.02 before resuming performance of safety-sensitive duties.
  - 8.5.3 Follow-up testing will be performed when an employee returns to work as described in Section 8.5.1. The purpose of follow-up testing is to serve as motivation to the employee to remain free of prohibited substances and to provide GCRTA assurance that the employee has not resumed the use of drugs or alcohol after rehabilitation. When an employee is returned to duty, unannounced follow-up testing will be performed as prescribed by the SAP.
  - 8.5.4 The SAP must present GCRTA's Medical Services with a release to return to duty and a follow-up testing plan outlining the number and frequency of unannounced testing. Federal regulations mandate at least six (6) follow-up tests in the first twelve (12) months following the employee's return to safety sensitive duties. However, more testing may be required based on the SAP's assessment. Follow-up testing can be continued for up to 60 months after return to work. The SAP, following completion of the mandatory requirements the first year, may terminate follow-up testing. Follow-up testing is in addition to the other required drug and alcohol testing as described in this policy.

- Follow up testing must be performed as recommended in the SAP's testing plan. If testing is not performed as outlined, the subjected employee will not be permitted to perform safety sensitive functions. Further, the requirements of the SAP's follow up testing plan "follow the employee" to subsequent employers or through breaks in service.
- 8.5.6 A follow up test that has been determined by the Medical Review Officer as "cancelled" is not considered a completed test and must be recollected.

#### 9.0 TESTING PROTOCOLS

- 9.1 <u>Alcohol Testing</u>: Breath alcohol testing will be conducted on safety sensitive employees per the procedure outlined in 49 CFR Part 40.. In order to protect the integrity of the breath testing process, GCRTA will utilize collection sites that have Evidential Breath Testing Devices (EBT's) that meet National Highway Traffic Safety Administration (NHTSA) approval. The testing equipment must provide triplicate printed results, assign unique and sequential numbers, print the manufacturer's name for the device, the device' serial number and the time of the test.
  - 9.1.1 The EBT must have a manufacturer-developed quality assurance plan approved by NHSTA that includes the following requirements:
    - A designated method to be used to perform external calibration checks of the device; and
    - A specified minimum interval for performing external calibration checks of the device; and
    - · A specified tolerance on an external calibration check; and
    - A specified inspection, maintenance and calibration requirement
  - 9.1.2 GCRTA will only utilized certified Breath Alcohol Technicians (BAT) which allows the performance of the screening and confirmation test to be performed at one site. The Breath Alcohol Technician (BAT), will be trained to proficiency in the operation of the EBT and in the alcohol testing procedures mandated by the 49 CFR Part 40 Subpart J. To protect the security of the testing site and process the breath alcohol testing location must afford privacy, not permit unauthorized persons access, and EBT must be stored in a secure location. The BAT will protect the testing process by testing only one employee at a time, complete the entire alcohol test procedure before starting another process on another employee and not leave the testing site until the procedure is completed as described in 49 CFR Part 40 Subpart K.
  - 9.1.4 With the exception of post accident testing, the testing for alcohol is only permissible just before an employee performs safety sensitive duties, during that performance or just after an employee has performed covered duties. FTA requirements provide authorization for testing for alcohol and taking action on the findings, regardless of whether it the alcohol was ingested as beverage alcohol or in a medicinal or other preparation.
  - 9.1.5 The alcohol testing procedure is outline in Addendum F.
- 9.2 <u>Drug Tests</u>: Following FTA regulations, urine drug testing will consist of testing for marijuana. cocaine, opiates, phencyclidine and amphetamines. GCRTA reserves the right to test for othe

drugs such as barbiturates, non-barbiturate sedatives and non-amphetamine stimulants. In the event these optional tests are to be performed, they will be performed separately from FTA required testing. Testing procedures will consist of specimen collection, laboratory testing, Medical Review Officer review and SAP referral, if needed.

- P.2.1 The GCRTA is committed to insuring both the accuracy of testing procedures and the confidentiality of test results. Accordingly, the GCRTA will employ only certified Health and Human Services (HHS) testing laboratories that utilize state-of-the-art technology, follow accepted chain of custody procedures and strictly preserve confidentiality of all test results. GCRTA has contracted with a certified laboratory to perform drug testing and a secondary laboratory to perform split sample testing. (See Addendum A) The contracted laboratory testing service will meet all the requirements as noted in 49 CFR Part 40 Subpart F.
- 9.2.2 Under separate contract, specific collection sites are available throughout the Greater Cleveland area that meet DOT Federal guidelines, are convenient for use and results are automatically sent to GCRTA's Medical Review Officer. Collection site personnel will meet the training and qualification standards for drug specimen collection as specified in 49 CFR part 40 Subpart C.
- 9.2.3 Collection procedure requires that only Federal urine custody and control forms be used for DOT mandated test and non-federal urine custody forms for GCRTA defined testing The testing performed for GCRTA defined testing will test for the same five drugs as defined by DOT under the same stringent DOT requirements.
- 9.2.4 Collections will be performed in accordance with 49 CFR part 40 Subpart D and E. (See Addendum E) In order to protect the security and integrity of the urine collection each site will provide a privacy enclosure for urination, a toilet, a suitable clean writing surface and a water source outside the private enclosure for hand washing. Access to each collection area will be restricted during specimen collection and either secured or visually inspected before specimen collection. A blue dye will be used in each toilet and all other water sources will be inoperable or secured. These procedures will be monitored by Medical Services on a routine basis to assure integrity of the testing process.
- 9.2.5 GCRTA has the right to test for drugs other than those mandated by FTA/DOT (ex: marijuana, cocaine, amphetamines, opiates and phencyclidine). In the event the GCRTA chooses to test for other drugs, the test must be performed separately from the FTA testing and the FTA test must be performed first. Separate urine specimens must be obtained from the employee and separate custody and control forms must be processed. A standardized Federal drug testing custody and control form cannot be used. Employees must be notified whether they are being tested under the FTA required program or the GCRTA program.
- 9.3 Medical Review Officer: In accordance with FTA regulations, when a test results in a confirmed positive, adulterated, substituted, or invalid drug test, the employee will be contacted by the Medical Review Officer (MRO). The Medical Review Officer will interpret the employee's confirmed positive test by the following method:
  - Review the individual's medical history
  - Afford the employee an opportunity to discuss the test result
  - Decide whether there is legitimate medical explanation for the result

- Inform the employee that s/he has 72 hours in which to request a test of the split sample. This time period is inclusive of all weekends and holidays.
- 9.3.4 An employee may request a split sample by calling Medical Services at (216) 566-5106. When there is no answer, the employee will leave a voice mail message. Medical Services will contact the employee to obtain the required written verification and payment for testing. The Medical Review Officer will be notified by Medical Services that the employee has requested split sample testing.
- 9.3.5 Medical Review Officer services are provided by contract with a certified physician who meets the qualifications and follows the protocols as defined by 49 CFR Part 40 Subpart G, and H. (See Addendum A)
- 9.4 Observed Collection Procedure: Direct observed collection will be performed immediately with no advanced warning under DOT requirements when:
  - The collector identifies an attempt to alter a specimen has occurred;
  - The collector identifies an attempt to tamper with a specimen;
  - A specimen is reported as invalid because there is no adequate medical explanation for the result;
  - When a positive, adulterated or substituted test result is reported as a cancelled test because testing on the split specimen could not be performed;
  - The temperature of the specimen falls out of the range of 90 100° F.
  - Direct observation will NOT be performed when recollection is to occur for a dilute sample.
- 9.5 <u>GCRTA Observed Collection Procedure</u>: Observed collection <u>may</u> be performed under GCRTA requirements when the employee has previously been determined to have used a controlled substance without medical authorization and the particular test is being conducted under FTA regulation as a return to duty or SAP follow-up test.
- 9.6 Observation in all instances will be made by the same sex. Observed collection will be performed immediately upon detection, and all specimens collected will be sent for analysis. The collection site will immediately notify GCRTA's Medical Services of the occurrence and request approval to perform observed collection. The reason to perform direct observation collection will be provided to the employee by either the collector or Medical Services personnel.

### 10.0 ACTION TO BE TAKEN UPON RECEIPT OF POSITIVE TEST RESULTS OR REFUSAL TO TEST

Specific action will be required when a covered employee has a verified positive drug test or a confirmed alcohol test result of 0.04 or greater.

- 10.1 When positive drug results are received from the MRO, Medical Services will immediately notify authorized supervisors. The covered employee will be immediately removed from the safety sensitive position. The appropriate disciplinary action will be implemented as outlined by this policy.
- When a positive alcohol result of 0.04 or greater has been confirmed by BAT, the covered employee will not be permitted to return to service. The appropriate disciplinary action will be implemented as outlined by this policy. The covered employee will not be permitted to drive their own vehicle and an alternate means of transportation will be utilized.

10.3 If a covered employee refuses to submit to drug or alcohol testing, the employee will be removed from performing a safety sensitive position and appropriate disciplinary action will be implemented as outlined by this policy.

### 11.0 <u>DISCIPLINARY CONSEQUENCES OF DRUG USE AND MISUSE OF ALCOHOL</u>

Under FTA regulations, unless otherwise stated, discipline for policy violations shall be determined by the employer. Therefore, the GCRTA has implemented the following disciplinary process for any employee who tests positive for drugs and/or alcohol under this policy.

- 11.1 GCRTA requires of all employees to be free of drugs and alcohol when performing a safety sensitive function. FTA requires that any safety sensitive employee with a verified positive drug test; an alcohol concentration of 0.04 or greater; or refuses to submit to testing must be removed from a safety sensitive function and must be evaluated by a Substance Abuse Professional (SAP).
- 11.2 <u>Disciplinary Consequences For Positive Alcohol</u>: When an applicant for employment or when an employee tests positive for alcohol within the prohibited time frames, the following disciplinary action occurs:

a) Job Applicants

Not Hired

b) Probationary Employee

Immediate Discharge

c) Non-Probationary Employee:

BAC of 0.08 or greater

First Offense: Immediate Discharge

BAC OF 0.04 - 0.079

The FTA regulations prohibit an employee with an alcohol concentration of 0.04 or greater to perform a safety sensitive duty until s/he has been evaluated by a SAP and has passed a return to duty test.

First Offense will result in a thirty (30) calendar day conditional suspension with referral to SAP. The employee must participate in the program prescribed

employee must participate in the program prescribed by the SAP and must undergo a follow-up test and test less than 0.02 prior to returning to a safety sensitive function. The failure to comply with the SAP's treatment will result in discharge. Return to work drug/alcohol testing must reveal negative results. Should the employee test 0.02 or more on the return to work test, the employee will be subject to discipline, up

to and including discharge.

Second Offense Within Three (3) Years: Discharge

BAC OF 0.02 - 0.039

In the event that an employee has an alcohol concentration of 0.02 but less than 0.04 and the employee is required to return to a safety sensitive position BEFORE eight (8) hours, FTA requires retesting. The alcohol concentration must be less than

0.02 before the employee may perform a safety sensitive function.

However, in the event the employee is NOT REQUIRED to return to a safety sensitive position BEFORE eight (8) hours, the following GCRTA policy will be followed:

Remove the employee from the safety sensitive position for eight (8) hours. When an employee has been removed from a safety sensitive position for at least eight (8) hours after a BAC of 0.02, but less than 0.04, the employee will be required to undergo a second test and test below a 0.02 BAC prior to being returned to a safety sensitive function.

- Should the employee again test 0.02 but less than 0.04 BAC, the employee will be referred for SAP consultation. The employee must participate in the program prescribed by the SAP and must undergo a follow-up test with a test level less than 0.02 prior to being returned to a safety sensitive function. Failure to comply with the SAP's recommended treatment program will result in discharge.
- Should the employee again fail to test less than 0.02 BAC, the employee will be subject to discipling up to and including discharge.

Second Offense Within A Three (3) Year Period: An employee with a BAC OF 0.02 but less than 0.04 will result in a thirty (30) day conditional suspension and SAP referral. The employee must participate in the program prescribed by the SAP and must undergo a follow-up test and test less than 0.02 prior to returning to a safety sensitive function. The failure to comply with the SAP's treatment will result in discharge.

Third Offense Within A Three (3) Year Period: An employee with a BAC of 0.02 but less than 0.04 will result in discharge.

BAC of 0.02 or less

Any value less than 0.02 is considered a negative test.

The use, sale or possession on duty of any intoxicant (drug or alcohol) will result in immediate discharge.

### 11.3 <u>Disciplinary Consequences For Positive Marijuana-Related Substances:</u>

a) Job Applicants

Not Hired

b) Probationary Employee

Immediate Discharge

c) Non-Probationary Employee

<u>First Offense</u> will result in a thirty (30) calendar day conditional suspension; SAP referral; EAP participation and completion of follow-up treatment; return to work drug/alcohol testing with negative results. In no event will an employee be eligible to return to work less than thirty (30) days after the failed test.

Failure to meet the above conditions other than failure of a return to work test, the employee is subject to immediate discharge. In the event that an employee tests positive for marijuana in a return to work test, s/he shall be conditionally suspended for an additional thirty (30) calendar days subject to the conditions set forth above. In the event the employee fails his/her second return to work drug test, s/he shall be immediately discharged.

<u>Second Offense</u>: Immediate discharge within three (3) year period following first offense.

- 11.4 <u>Disciplinary Consequences for Prohibited Drugs</u>: (not including marijuana or prescription drugs) Prohibited drugs are cocaine, opiates, phencyclidine and amphetamines, and the following applies:
  - a) Job Applicants

Not Hired

b) Probationary/Non-Probationary Employee

Immediate discharge for random, reasonable suspicion, post accident, and pre-placement exams/testing.

- c) When it has been determined that an employee has participated in the off duty sale, distribution or possession with the intention to distribute illegal drugs or the manufacture of illicit drugs resulting in a criminal conviction, immediate discharge will result.
- 11.5 <u>Disciplinary Consequences For Prescription Drugs</u>: In accordance with GCRTA requirements, the following applies:
  - a) Job Applicants

When the applicant tests positive for a prescription drug which may affect his/her ability to perform the applicant's proposed job duties, s/he will not be considered for employment unless Personnel Services has received the following information prior to testing:

- Notification of the use of the prescription drug
- A doctor's letter indicating the applicant's ability to perform his/her proposed job duties is not impaired. If the applicant's job duties would be impaired, the physician must indicate the duration of the impairment.

b) Probationary/Non-Probationary Employee:

When an employee tests positive for a prescription drug which may affect his/her ability to perform the employee's job duties, s/he will be discharged unless the employee has provided the supervisor with notification from the employee's doctor of the use of a prescription drug and an indication of the employee's ability to perform his/her job duties without impairment. When the employee's job duties would be impaired, the physician must indicate the duration of impairment.

Employees, required to use prescription drugs authorized by a licensed health care professional, are responsible for being aware of any effect such drug may have on the performance of their duties. A physician's prescription form will not be an acceptable excuse for the use or possession of an intoxicant and the employee will be subject to discipline as set forth.

- 11.6 <u>Disciplinary Consequences For Testing Positive For Any Intoxicant During A Work Related Physical Examination</u> (biennial, return-to-work, etc.) will be as follows:
  - a) First Offense:

The employee will be conditionally suspended for thirty (30) calendar days. An employee suspended under this section will be referred to the SAP and must participate and complete in follow-up treatment as prescribed by the SAP. Failure to comply with the SAP's treatment will result in discharge.

b) Second Offense:

Immediate Discharge

- c) In no event will an employee be eligible to return to work less than thirty (30) calendar days after the failed work related physical examination test. Furthermore, following completion of treatment prescribed by the SAP, the employee shall be required to submit to a physical examination and drug/alcohol testing prior to returning to work and participate in follow-up treatment prescribed by the SAP. The Authority also reserves the right to subject the employee to unannounced drug and/or alcohol testing in addition to regular random testing stated herein, as prescribed by the SAP following the employee's return to work. In accordance with the agreement between ATU Local 268 and GCRTA on 7/17/97, employees covered by ATU will be required to pay all costs for each unannounced drug/alcohol test. An employee who fails to meet any of the conditions set forth above is subject to immediate discharge.
- 11.6 <u>Disciplinary Consequences For A Commercial Driver's Licenses Suspension Due To A DUI Conviction</u>: In cases of suspension due to conviction for DUI, while operating a private vehicle, the employee will be required to enroll in and successfully complete a program through the Authority's SAP during the suspension period. The employee must make contact with the SAP within seven (7) calendar days of the suspension and provide proof of contact to his/her supervisor. If convicted of DUI while operating an Authority vehicle, the employee will be discharged. (See Driver's License Policy)

### 11.7 Other Disciplinary Consequences:

- 11.7.1 The Drug Free Workplace Act, Federal Regulation 49 CFR Part 29, provides that unlawful manufacture, distribution, dispensation, possession or use of a controlled substance is prohibited on the Greater Cleveland Regional Transit Authority property. Furthermore, it is a violation of company rules as well as State and local laws. Any employee violating provisions of the Drug Free Workplace Act will be subject to immediate discharge and criminal prosecution.
- 11.7.2 Pursuant to the Drug Free Workplace Act, any employee convicted of a drug violation occurring in the GCRTA workplace is required to notify his supervisor no later than five (5) working days following his/her conviction. Compliance is required of all recipients of federal funding and is a prerequisite to continued employment with the Greater Cleveland Regional Transit Authority.
- 11.7.3 As noted in 49 CFR Part 40 Subpart I the following behavior constitutes a refusal to submit to drug and alcohol testing:
  - Verbal or written refusal by any employee to submit to urine and/or breath test or refusal to sign Federal testing forms;
  - Any employee who refuses to submit to a direct observation collection;
  - Declination by an employee to submit to a second test when requested by the Authority or the collector;
  - Failure of the employee to remain at the testing site until collection is complete
  - Refusal by an employee to make an attempt to provide a urine sample after the allotted time period of 3 hours and up to 40 ounces of water;
  - Any employee who has a verified adulterated or substituted test result;
  - Failure to undergo a medical examination or evaluation for either shy bladder or shy lung;
  - Any employee who fails to provide sufficient quantities of breath or urine without valid medical explanation by an Authority designated physician;
  - Refusal by an employee who normally voids by utilization of self-catherization but declines to do so;
  - Any employee whose conduct prevents the completion of required drug and/or alcohol test;
  - Failure of any employee to comply with the directions of the collector, such as refusing to leave outer garments, purses, briefcases etc in a secured location prior to obtaining a specimen;
  - Any employee who does not report to the collection site in the allotted time;
  - Any employee who is not readily available for post accident testing; or
  - Any employee who leaves the scene of an accident without proper authorization.

All of these actions constitutes a refusal and have the same consequences as a positive test. The employee will be immediately discharged.

- 11.7.4 Any employee who attempts to tamper or alter a specimen or obstruct the collection procedure will be immediately discharged.
- 11.7.5 Recognizing that approaching a co-worker about an alcohol or drug problem is not an easy one, employees are encouraged to not cover up or correct errors of an impaired co-worker which only "enables" the employee to continue the problem. Co-workers are encouraged to suggest the use of the Employee Assistance Program or

suggest contacting the EAP Facilitator at each district for assistance in obtaining information about the EAP program. Informing management of an employee's suspected drug/alcohol use should be viewed as a means of helping that individual and possibly saving their life and the lives of others.

### 12.0 RESPONSIBILITY FOR PROGRAM ADMINISTRATION

The Drug and Alcohol Program is administered by the Medical Services Coordinator. Medical Services is located at the GCRTA Main Office Building, 1240 W.6<sup>th</sup> Street, Cleveland, Ohio 44113. (See Addendum A)

Any employee may review the referenced regulations and cited reference materials in the Substance Abuse Policy and/or procedures in the Medical Services Office by appointment. Requests for copies for regulatory information should be made in writing, addressed to Medical Services. A nominal processing fee may be involved for copies of regulatory information depending on the extent of the request.

### 13.0 <u>CONFIDENTIALITY OF RECORDS</u>

Employees may request a copy of any of their own drug and alcohol test results. All requests must be in writing. Requests by telephone will not be honored in order to preserve the employee's confidentiality of results. Results will be mailed to the employee's home address or the employee may pick up results in person in Medical Services provided that the employee has a picture identification.

### 14.0 <u>ATTACHMENT</u>

Addendum A – MRO, SAP, Laboratory Services and GCRTA Administrator

Addendum B – Safety-Sensitive Positions

Addendum C - Random Testing Rates

Addendum D – Laboratory Testing Limits

Addendum E – Drug Testing Procedure

Addendum F - Alcohol Testing Procedure

Addendum G - Life Consequences of Drug Abuse and Alcohol Misuse

This Policy supercedes the following:

Administrative Policy & Procedure 1989-13

Board Resolution 1994-229

Board Resolution 1998-24

Board Resolution 1999-102

Administrative Policy & Procedure 1999-4

### Addendum A

### MRO, SAP, Laboratory Services and GCRTA Administrator

### Medical Review Officer (MRO)

Dr. Ronald Hawes, M.D. East Side Occupational Health Center 4450 St. Clair Avenue Cleveland, Ohio 44103 (216) 431-0927

### Substance Abuse Professional (SAP)

Sharon Ryan-Hawley, CEAP Recovery Resources 3950 Chester Avenue Cleveland, Ohio 44114 (216) 431-4140

### **Laboratory Drug Testing**

Clinical Reference Laboratory DHHS, SAMHSA, National Laboratories Certification Program Certificate 8433 Quivira Road Lenexa, Kansas 66215 1-800-445-6917

### **GCRTA Drug & Alcohol Program Administration**

Linda K. Tancek Medical Services Coordinator Root McBride Building 1240 W. 6<sup>th</sup> Street Cleveland, Ohio 44113 (216) 566-5106

### Addendum B

### **Safety Sensitive Positions**

Job Title	Job Classification	FTA Criteria
CRT Operator	137	1
CRT Operator before 11/08/94	137A	1
CRT Operator after 11/8/94	137B	1
CRT Operator after 11/14/98	137C	1
CRT Operator (part time)	138	1
CRT Operator (part time) before 11/8/94	138A	1
CRT Operator (part time) after 11/8/94	138B	1
CRT Operator (part time) after 11/14/98	138C	1
Temporary Seasonal Worker	143	2
Hostler – Part Time	147	2
Laborer	152	2
Community Circulator Operator	188	1
Community Circulator Operator before 11/8/94	188A	1
Community Circulator Operator after 11/8/94	188B	1
Community Circulator Operator after 11/14/98	188C	1
Community Circulator Operator (part time)	189	1
Community Circulator Operator (part time) before 11/8/94	189A	1
Community Circulator Operator (part time) after 11/8/94	189B	1
Community Circulator Operator (part time) after 11/14/98	189C	1
Transit Police Officer – Part Time	336	5
Transit Police Officer	340	5
Vehicle Servicer	346	2
Hostler	347	2
Laborer	352	2
Maintenance Helper only those with RTA required CDLs	358	2
Operator – Full Time	437	1
Operator – Part Time	438	1
Transit Police Officer – Full Time	440	5
Equipment Servicer	442	2
Body Mechanic	446	2
Equipment Mechanic excludes sign shop personnel	447	2
Signal Maintainer	450	2
Track Maintainer	452	2
Maintainer only those with RTA required CDLs	458	2
Rail Electrical Maintainer	459	2
Mail Truck Driver	469	4
Assistant Operating Instructor	511	1
Rail Equipment Body Mechanic	521	2
Rail Equipment Electrician	522	2
Rail Equipment Mechanic	523	2
Rail Brake Mechanic	524	2
Rail Machinist	525	2
Machinist		
iviacninist	526	2

### Safety Sensitive Positions - Page 2

Job Title	Job Classification	FTA Criteria
Automotive Brake Mechanic	528	2
Rail Operations Supervisor	532	3
Heating/Air Conditioning Mechanic	535	2
Transit Police Sergeant	540	5
Equipment Body Mechanic excludes sign shop personnel	541	2
Equipment Electrical Unit Mechanic	542	2
Equipment Electrician	543	2
Equipment Mechanic	545	2
Equipment Unit Mechanic	546	2
Equipment Repair Leader	547	2
Maintenance Technician only those with RTA required CDLs	548	2
Maintenance Leader only those with RTA required CDLs	549	2
Signal Maintenance Technician	550	2
Special Equipment Operator/Mechanic	552	2
Rail Air Conditioning Mechanic	553	2
CRT Group Leader	554	2
CRT Dispatcher	557	3
Motor Repair Leader	567	2
Supervisor of Police – Part Time	570	5
Service Quality Supervisor	571	3
Dispatcher	573	3
Service Quality Supervisor	574	3
Operations Instructor	611	1
Vehicle Maintenance Instructor	612	2
Assistant Supervisor, Rail Shop	623	2
Electronic Technician	624	2
Zone Supervisor	634	4
Tower Control Supervisor	635	3
Coach Inspector	638	2
Unit Replacement Section Technician	642	2
Assistant Section Leader	645	2
Crew Chief	646	2
Assistant Equipment Supervisor	647	2
Assistant Maintenance Supervisor	649	2
Signal Technician	650	2
Lead Signal Technician	651	2
Assistant Track Supervisor	652	2
Line Maintainer	653	2
Special Equipment Operator/Mechanic Leader	654	2
Maintenance Specialist	655	2
CRT Road Supervisor	658	
Rail Technician	660	2
Transit Police Lieutenant	1060	
Assistant Superintendent, CRT Equipment	<u> </u>	5
Load Dispatcher	1069	2
Transportation Training Specialist	1137	3
Transportation training Specialist	1141	1

### Safety Sensitive Positions - Page 3

Supervisor – Radio Control	1147	3
Supervisor – Maintenance	1172	2
Supervisor – Power	1233	2
Supervisor – Signals	1234	2
Supervisor – Overhead	1239	2
Training Specialist – Maintenance	1242	2
Transit Police Commander	1248	5
Supervisor – Rail Traffic	1249	4
Rapid Transit Shop Supervisor	1252	4
Section Supervisor	1258	4
Supervisor – Traffic	1259	2
Supervisor, Electrical Maintenance	1265	2
Supervisor, Bus	1266	2
Supervisor – Track	1273	4
Director of Security/Chief of Police	1511	5
Supervisor, CBM (non-exempt)	1951	2
Supervisor, Rail Shop (non-exempt)	1953	2
Supervisor, Maintenance (non-exempt)	1954	2
Supervisor, Bus (non-exempt)	1955	2
Supervisor, Signals (non-exempt)	1956	2
Supervisor, Power (non-exempt)	1957	2
Student Driver Trainee	9909	1

### FTA Criteria Utilized to Identify a Safety Sensitive Function as Noted in Column 3 of this Addendum

- 1. Operates a revenue service vehicle in or out of service
- 2. Operates a non-revenue vehicle requiring a CDL
- 3. Controls dispatch or movement of a revenue service vehicle
- 4. Maintains a revenue service vehicle or maintains equipment used in revenue service
- 5. Carries a firearm for security purposes

Supervisory staff who perform the above functions are also classified as Safety Sensitive.

Job classifications 447 and 541 include Sign Shop personnel. Sign Shop personnel who perform graphic identification and decal functions but perform no actual mechanical work on the body, interior or components of the coach are exempt as Safety Sensitive.

### Addendum C

### **Random Testing Rates**

Effective January 1, 2001 the current random drug and alcohol testing rates are as follows:

- At least 50% of the total number of safety sensitive employees will be drug tested
- At least 10% of the total number of safety sensitive employees will be alcohol tested

### Addendum D

### **Laboratory Testing Cut-off Limits for the Minimum Quantity of Drug Detected**

The following laboratory testing cut-off limits are federally mandated for the minimum quantity of drug detected in the initial test and the confirmation test:

Type of Drug or Metabolite	Initial Test Level	Confirmation Test Level
1. Marijuana Metabolites	50 ng/ml	
a. THC		15 ng/ml
Cocaine Metabolites     (Benzoylecgonine)	300 ng/ml	150 ng/ml
3. Phencyclidine (PCP)	25 ng/ml	25 ng/ml
4. Amphetamines  a. Amphetamine  b. Methamphetamine	1000 ng/ml	500 ng/ml 500 ng/ml (Specimen must also contain amphetamine at a concentration ≥ 200 ng/ml)
5. Opiate Metabolites  a. Codeine b. Morphine c. 6 acetylmorphine	2000	2000 ng/ml 2000 ng/ml 10 ng/ml (Test for 6-AM conducted only when specimen contains morphine at a concentration ≥ 2000 ng/ml)

Reference: 49 CFR Part 40, §40.87, Federal Register, December 19, 2000

### Addendum E

### **Urine Specimen Collection Process**

<u>Urine specimen collection</u> will adhere strictly with 49 CFR part 40 Subparts C, D, and E. Outlined below is the collection procedure, however, any technical interpretation will be based on the actual regulation.

- 1. The testing process will begin upon entry to the collection site without undue delay.
- 2. If an alcohol test is also required in conjunction with the drug test, alcohol testing will be performed prior to the drug screen collection.
- 3. Employee identification will be verified by a photo ID using either a valid Ohio Driver's license or GCRTA Identification card.
- 4. The collection process will be explained to the employee.
- 5. The employee will be requested to remove outer clothing such as coat, sweater, jacket, hat or overalls. All clothing and personal items such as a briefcase, purse or other items will be placed in a mutually agreeable location. Although the employee will not be required to remove all clothing, he/she will be requested to display the contents of pockets to ensure that no items are present which could be used to adulterate the specimen.
- 6. Prior to collection of the specimen, Step 1 of the chain of custody will be completed by the collector.
- 7. The employee will then be instructed to wash and dry his or her hands.
- 8. The employee will be provided a specimen container and directed to a secured restroom to collect a specimen.
- 9. The minimum specimen amount is 45 ml. If there is insufficient volume, the specimen collected must be discarded. At no time is it permitted to combine urine collected from separate voids to create a sufficient specimen. The employee has up to three (3) hours to complete drug and may drink up to 40 ounces of water throughout the waiting period in order to provide a specimen. The employee will be notified when the three (3) hour period begins and when it will end. It is not considered a refusal if the employees chooses not to drink the 40 ounces of water. Failure to provide a specimen within the allotted time period will result in evaluation under the "shy bladder" procedure.
- 10. The temperature of the specimen will be obtained within 4 minutes after the specimen collection and the acceptable temperature range must be between 90° to 100° F.
- 11. The collector will pour or "split" the sample of at least 15 ml in a separate collection bottle and leave the remaining specimen in the original container. This process will be performed before the employee.
- 12. Both bottles will be sealed and labeled in the presence of the employee. After the specimen has been labeled, the employee will initial the bottle labels.
- 13. The chain of custody form will be completed with the appropriate signatures, social security number, birth date and current date.
- 14. The appropriate portion of the chain of custody form along with the primary sample and the split sample will be place in a single shipping container, initialed by the collector and placed in secure storage until laboratory pick up.

<u>Shy Bladder evaluation</u> will be performed when an employee is unable to provide at least 45 ml. of urine within three (3) hours and being provided no more than 40 ounces of water. The procedure that will be utilized will strictly adhere to the requirements as defined in 49 CFR Part 40 Subpart I specifically §40.193 and §40.195. Outlined below is the process that will be utilized, however, any technical interpretation will be based on the actual regulation.

1. If an insufficient specimen has been collected, it will be discarded unless the specimen was out of temperature range or it showed evidence of adulteration or tampering.

- 2. The collection procedure will be discontinued and documented on the chain of custody. The collector must notify Medical Services and the MRO within 24 hours, however, it is expected that each collection site will notify Medical Services immediately and will send the chain of custody with the documentation within the 24 hour period.
- 3. Medical Services will consult with the MRO, and a licensed physician, acceptable to the MRO will be selected. The employee must be referred to the selected physician within five (5) days of the occurrence. Medical Services will contact the employee with the selected physician's name, location and date of the evaluation.
- 4. The employee will be placed on administrative leave pending medical results.
- 5. The MRO shall confer with the evaluating physician and will provide Medical Services with a written determination as soon as it is made.
- 6. If it has been determined that a medical condition exists, the test will be considered "cancelled" and the employee resumes working.
- 7. If it has been determined that no medical condition exists, the test will be considered "refusal to test because…" and the appropriate disciplinary action as outlined in this policy will be followed.

### Addendum F

### **Breath Alcohol Collection Process**

Breath alcohol testing will adhere strictly with 49 CFR part 40 Subparts J, K, L, M and N. Outlined below is the testing procedure, however, any technical interpretation will be based on the actual regulation.

- 1. The testing process will begin upon entry to the collection site without undue delay.
- 2. Alcohol testing takes precedence over drug testing and will be performed before the drug screen collection.
- 3. Employee identification will be verified by a photo ID using either a valid Ohio Driver's license or GCRTA Identification card.
- 4. After testing procedures are explained to the employee, the BAT will complete Step 1 of the Alcohol Testing Form and the employee will complete Step 2 and sign the certification.
- 5. The employee will select or the BAT will select a individually wrapped disposable mouthpiece. The BAT will insert the mouthpiece into the testing device.
- 6. The employee will be instructed to blow steadily and forcefully into the mouthpiece for at least six seconds or until the device indicates that an adequate amount of breath has been obtained.
- 7. If the employee does not provide a sufficient amount of breath, the employee will be instructed to attempt again to provide an sufficient amount of breath. If the employee fails after this attempt, the BAT may provide a third opportunity and may use manual testing if BAT believes that results can be obtained. Failure after the third attempt will result in medical evaluation for "Shy Lung".
- 8. After successful completion of the testing, the employee will be shown the results.
- 9. When the results of the test are an alcohol concentration of less than 0.02, the test will be considered negative. The BAT will sign and date Step 3 on the Alcohol Testing Form and transmit the information to Medical Services in a confidential manner.
- 10. When the results of the test are an alcohol concentration 0.02 or greater, a confirmation test is to be performed. The confirmation test must be at least 15 minutes, but not more than 30 minutes, after the completion of the initial test.
- 11. During the waiting period for confirmation testing, the employee will not be permitted to eat, drink, smoke or place anything in his or her mouth or belch. The BAT will inform the employee that the test will be conducted at the end of the waiting period even if the employee disregards instructions. The BAT will observe the employee at all times and will document any disregard of instructions in the "remarks" area of the testing form.
- 12. Before confirmation testing, the BAT shall conduct an air blank test on the EBT. The reading should not be greater than 0.00.
- 13. The employee shall be shown the results of the confirmation test and BAT will inform the transporting supervisor of the results. Based on the results, the supervisor will take appropriate action based on the criteria outlined in this policy.
- 14. The BAT will immediately notify Medical Services of results greater that 0.02 and send hard copy confidentially by U.S. Mail or courier.
- 15. In order to confirm that telephoned results are valid when received from the collection site, Medical Services personnel will call the collection site after receiving concentration results over 0.02 to confirm the results and verify the identification of the person reporting the results.

"Shy lung evaluation will occur when an employee attempts and is unable to provide an adequate amount of breath after following the procedure outlined above. The evaluation procedure will strictly adhere to the requirements as defined in 49 CFR Part 40 Subpart N specifically §40.265. Outlined below is the process that will be utilized, however, any technical interpretation will be based on the actual regulation.

1. If the employee fails after two attempts, the BAT may provide a third opportunity and may use manual testing if the BAT believes that results can be obtained. Failure after the third attempt

- will result in medical evaluation for "Shy Lung". When the employee has failed to provide adequate breath, the BAT will discontinue the test and note the fact on the "Remarks" line of the Alcohol Testing Form and immediately notify Medical Services.
- 2. The BAT will direct the employee to continue to attempt to complete the breathalyzer by utilizing a manual testing method for up to fifteen (15) minutes from the time of the last failed attempt. If GCRTA's designated physician is available, the employee will then immediately proceed to a pulmonary assessment at the testing facility. If the physician is not available, the employee will be scheduled to receive a pulmonary assessment within 5 days of the occurrence. During the assessment period, the employee will be placed on administrative leave and will not be permitted to perform safety sensitive functions until the evaluation process is complete.
- 3. If no test results are obtained through the manual breath testing method to determine if there has been alcohol misuse and no immediate pulmonary assessment is available, GCRTA will permit the employee to volunteer for a blood screen for alcohol by immediately signing a written document requesting blood testing. The blood will be drawn with sixty (60) minutes of the initial breathalyzer test so as to provide valid results regarding employee's use of alcohol at the time of the breathalyzer test.
- 4. If the additional manual breath test(s) or blood alcohol screen test is negative and pulmonary assessment is successfully completed with no existing medical condition which precludes the breathalyzer test, the employee will be evaluated the Substance Abuse Professional (SAP) and returned to work in accordance with the recommendation of the SAP. So long as the employee contacts the SAP within twenty-four (24) hours of the initial testing, promptly schedules an appointment, reports to the SAP at the appointed time and place, and the SAP recommends an immediate return to work, the employee will be made whole for the time lost during this testing and evaluation process. If the SAP assessment identifies a substance abuse problem which requires treatment prior to return to work, the employee will utilize paid or unpaid leave in accordance to the GCRTA's FMLA policy, if applicable, or other leave policies. Follow up testing will be performed in accordance with the SAP's recommendation.
- 5. If the additional manual breath test(s) or blood test is negative, but the pulmonary assessment reveals a medical condition, the employee will be returned to work. However, if it is determined medical treatment is required prior to returning to work, the employee will utilize paid or unpaid leave in accordance to the GCRTA's FMLA policy if applicable, or other leave policies as needed.
- 6. If the pulmonary assessment does not reveal a medical condition, but the additional manual breath test (s) or blood alcohol test reveal alcohol concentration of 0.02 or above, the employee will be subject to the procedures and penalties outlined in this policy.
- 7. If the employee fails to complete the additional manual breath test(s), does not choose to voluntarily submit to a blood alcohol test, refuses to obtain medical evaluation, refuses to be evaluated by the SAP or follow the SAP recommendations, and the pulmonary assessment does not find a valid medical explanation for the failure to provide sufficient breath, the employee will be immediately discharged as refusal to submit to testing.

#### Addendum G

### Life Consequences of Drug Abuse and Alcohol Misuse

Both drug abuse and alcohol misuse are serious and complex issues that have far reaching consequences, not only for the individual affected, but on family, friends and co-workers. When an individual uses drugs or alcohol, everything that is important, such as family, friends, job, money and self respect are at risk. Addiction gradually consumes for and more of an individual's time, energy and health. Any list of behavioral signs cannot be completely accurate for everyone, however, the most important sign to watch for is a marked change in behavior that could signal that there is a drug or alcohol problem. Some of the possible symptoms of drug abuse or alcohol misuse are as follows:

Physical Symptoms: Exhaustion, untidiness, blank stare, slurred speech, unsteady walk, changes in

appearance after work break.

**Mood:** Constant depression or anxiety, irritability, suspicion and mood swings.

Actions: Argumentative, excessive sense of self-importance, avoids talking

Absenteeism: Frequent "emergency" absences, often absent on Monday mornings, frequent

unexplained disappearances from work station.

Accidents: Takes needless risks, disregards safety of others, higher-than-average

accident rate.

Work Patterns: Inconsistent work quality and productivity, mistakes and carelessness, lapses

of memory, increased difficulty in handling complex tasks.

**Relationships:** Overreacts to criticism, withdrawn, problems at home and/or work, borrows

money from friends.

The effect of a drug or alcohol problem on co-workers is equally impairing. Impaired employees affect coworkers, work performance, customer relations and the company's reputation and can threaten company property, other employees and the public.

## Greater Cleveland Regional Transit Authority STAFF SUMMARY AND COMMENTS

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TITLE/DESCR	PTION:			Resolution No.: 2002-50
AUTHORIZING REVISION TO GREATER CLEVELAND REGIONAL TRANSIT AUTHORITY'S SUBSTANCE ABUSE POLICY COVERING SAFETY-SENSITIVE POSITIONS			Date:	
			March 26, 2002	
1 001110110				Initiator:
				HUMAN RESOURCES &
				BUSINESS DEVELOPMENT
ACTION REQU	JEST:			
✓ Approval	Review/Comment	Information Only	Other	

### 1.0 PURPOSE/SCOPE

This action will authorize the revisions to the Substance Abuse Policy for Safety-sensitive Positions for the Authority to comply with recent Department of Transportation (DOT) and Federal Transit Administration (FTA) regulation changes.

### 2.0 DESCRIPTION

The Department of Transportation regulation 49 CFR Part 40 and the Federal Transit Administration regulation 49 CFR Part 655 require recipients of Federal funding to establish, implement, and maintain a substance abuse policy designed to create a drug-free workplace among its safety-sensitive employees. The Greater Cleveland Transit Authority, in an effort to carry out the requirements or DOT and FTA regulations, has revised the current policy to reflect the changes made in the DOT and FTA regulations.

A safety-sensitive position is defined as any position that involves the operation or a revenue service vehicle, whether that vehicle is in revenue service or not, and any directly related support activities that control or affect the operation of such equipment. Transit Police Officers are also classified as safety-sensitive employees.

As a result of recent changes in the above federal regulations, the Substance Abuse Policy for Safety Sensitive Employees has been revised to include the following changes:

- Regulation change included in the policy that permits the Authority to obtain drug and alcohol results from an applicant's previous Department of Transportation employers over the past two years
- Regulation change that requires drug and alcohol testing for safety sensitive employees who have been off work 90 days or more for whatever reason.
- Addition to the policy per the regulation that allows Reasonable Suspicion testing to be determined and authorized by "other company officials" as long as the necessary training has been completed by the official and the official has the authority to take an employee out of service.

The revised policy herein has been discussed with the ATU, Local 268 and the Fraternal Order of Police. Areas of discussion focused on the consequences imposed for policy violations.

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### 3.0 PROCUREMENT BACKGROUND

Not applicable.

### 4.0 POLICY IMPACT

The revisions to the Substance Abuse Policy will make the Greater Cleveland Regional Transit Authority compliant with current DOT and FTA regulations.

### 5.0 ECONOMIC IMPACT

The revised document is consistent with the 2002 budget adopted by the Board of Trustees

### 6.0 ALTERNATIVES

The Greater Cleveland Regional Transit Authority has no alternative as a recipient of Federal funds but to comply with requirements of the DOT and the FTA as it relates to safety-sensitive positions.

### 7.0 RECOMMENDATION

It is recommended that the Board of Trustees authorize the revisions to the Substance Abuse Policy effective immediately.

### 8.0 ATTACHMENTS

A – Substance Abuse Policy for Safety Sensitive Employees

Recommended and certified as appropriate to the availability of funds, legal form and conformance with the Procurement requirements.

CEO, General Manager/Secretary-Treasurer